

Brilliant Beginnings!

Dear Parents,

Our topic for the next half term is 'Healthy Heroes!'

It is a Science based topic in which the children will be learning all about healthy eating, the importance of a balanced diet and the different food groups. We will also be thinking a lot about keeping our minds and bodies healthy and the importance of exercise.

Over the half term holidays, we would like the children to start to think about what they already know about keeping fit and healthy.

The children can present their ideas in any way they would like.

Here are some ideas...

- A poster about healthy eating
- Photos of them making a healthy meal/snack
- Information about a favourite sport they have that helps them to keep fit
- Photos of them taking part in their favourite physical activity
- Any other ideas that the children may have

Please bring in any of the children's work to share with the class and for our display after the half term holidays. Alternatively, you can take a photo of your children's work and upload it on to Seesaw for us to see.

We are really looking forward to seeing what the children can do!

Thank you for your support,

The Year 2 Team

